

Request for Host Site Applications AmeriCorps Farm to School Program 2019 - 2020 New Site Applications

Notice of Intent to Apply Due: April 19, 2019
Continuation Application Due: May 3, 2019
Target Date for Grant Award Notification: May 17, 2019



Seeking New Partners

In anticipation of receiving AmeriCorps Farm to School Program funding in the 2019-2020 grant cycle, the Wisconsin Department of Public Instruction (DPI) is accepting applications for new partner sites across Wisconsin for the 2019-2020 grant year. Through an AmeriCorps (AC) grant, we are able to offer the AC Farm to School (F2S) Program to communities around Wisconsin. In the past year, this program has worked with 16 host sites throughout the state and has served over 6.000 Wisconsin students.

What is AmeriCorps?

AmeriCorps is a national service program that engages over 80,000 members in service each year to solve pressing national problems through direct service and by mobilizing millions of volunteers for the organizations they serve. Members gain valuable professional, educational, and life benefits while having a lasting impact on their community.

What is the AmeriCorps Farm to School Program?

The AC F2S Program provides an innovative approach to building healthy communities by:

- Improving child nutrition through the implementation of educational F2S activities for students and families. These activities encourage healthy eating choices within an educational setting.
- Developing strong communities by creating future community leaders and connecting schools with local farmers and food businesses.
- Increasing the capacity of communities all over Wisconsin to support sustainable F2S programs that encourage healthy behaviors and improve the school food environment.

Program Outline

With the support of their host site, AC members will serve to meet the following program performance measures:

- Teach 6,000 4K-12 grade students a series of five 30-minute nutrition lessons that cover the Wisconsin Model Academic Standards.
- Educate students' parents through take-home activities in addition to monthly educational newsletters.
- Administer pre- and post-surveys to determine the program impact on student nutrition knowledge and willingness to try fruits and vegetables.
- Implement a minimum of three components of F2S (as defined below) to at least two different schools.
 - 1) Local Procurement Educational Documents Create and share at least five different educational documents on local food procurement with a school's food service director;
 - 2) Local Food Taste Tests Introduce local foods through taste testing activities; each lasting at least 10 minutes long;

- 3) Menu Local Food Items Incorporate local foods as menu items in either the National School Lunch Program (NSLP) or School Breakfast Program (SBP);
- 4) Farmer Engagements Engage local farmers in educational F2S activities that last a minimum of 30 minutes (e.g., classroom presentation, donation for taste testing, farm field trip);
- 5) School Gardens Help build or maintain a new garden or spend at least an hour with students working or learning in the garden;
- Participate in or establish a F2S Task Force of at least five members from the community to promote program involvement and sustainability.
- Participate in or plan at least five community events to promote the host site's F2S program and build support for it in the community.
- Train and build up a sustainable base of volunteers to support program activities.
- Participate in trainings and required program reporting and data collection.
- Participate in at least one National Service Day, as well as National Service Recognition Day

Each partner host site will be eligible to apply for at least, two half-time AC members with the titles Nutrition Educator (NE) and Community Outreach (CO). Host sites may apply for consideration of alternative member configurations. For example, host sites may request to combine each half-time position into one full-time position or to combine both positions into one half-time position. Each community is unique; however, host sites should *only* apply for a different member configuration based on justified needs specific to their communities and schools. Host sites requesting a single half-time member are not exempt from completing all of the program components. We strongly encourage host sites to incorporate both roles into their program to ensure a well-rounded program with multiple components. Research has shown that programs with more than one F2S component are more beneficial than programs with just one component. Requests for modifications in member configurations will be evaluated on a case-by-case basis. If your site is awarded a full-time slot, the potential member must show that he or she possesses the skills necessary to perform both service duties before being accepted into the program.

Program Goals

Short-Term Outcomes

- Increase student knowledge of quality nutritional choices and food sources
- Increase school food service director's confidence in their abilities to incorporate local fruits and vegetables into their school menus
- Increase the community's knowledge about the benefits and components of F2S
- Increased member knowledge of their community's needs and challenges when it comes to implementing F2S programming

Mid-Term Outcomes

- Improve students attitudes toward trying fruits and vegetables
- Increase students' parents' attitudes toward purchasing and consuming fruits and vegetables
- Increased average student consumption of fruits and vegetables
- Increased parental fruit and vegetable purchases Increased average parental consumption of fruits and vegetables
- Increase school food service directors' attitudes toward incorporating local fruits and vegetables into their school menus
- Increase the number of local food items on school menus

- Increase the community's attitudes toward supporting F2S as a long-term initiative
- Increase in the number of community members that voluntarily support F2S programming (i.e. through funding or donations or volunteering to support the program's various components
- Increased member participating in local coalition meetings
- Increased member lead initiatives in the community (ex. F2S community events or programs)

Long-Term Outcomes

- Increased positive health indicators in participating communities, such as, reduction in obesity rates
- Increased long term healthy eating behaviors by students and parents such as increased fruit and vegetable intake
- Increased regular availability of local foods in schools
- Increased community and school support for F2S programming through internal funding of activities or other support
- Increased awareness of the benefits of F2S programming through school and community engagement
- Increased capacity of communities to carry out F2S activities through utilization of consistent volunteer base
- Members will become lifelong, civically engaged members of their local communities
- F2S Alumni members will gain meaningful employment in a related field

The program will continue to offer each host-site:

- 1) A half-time CO member who will serve as the main liaison between the F2S Program and the community. These members will educate food service directors about sourcing local, healthy foods for the school districts they serve. They will also be responsible for recruiting, training, and tracking volunteers whose volunteerism will enhance and increase the capacity of the AC F2S Program. They will establish or participate in a F2S "Task Force" consisting of volunteers from the community and/or school system. This task force will meet monthly to assist with developing and carrying out F2S activities. They will coordinate with the supervisor and NE to plan and/or participate in at least five special community events. Additionally, they will be responsible for creating and maintaining school gardens.
- 2) A half-time NE member who will focus on building relationships with students, teachers, and school administrators. These members will serve in a direct capacity by teaching nutrition education in schools or community classrooms with students of all ages in grades 4K-12. NE members will be trained to use the Wisconsin Nutrition Education Standards as a guide to prepare their lesson plans. They will implement the aligned curricula, *Nutritious*, *Delicious Wisconsin*, *Linking People*, *Land and Food*, and/or *Got Veggies*? which aim to teach students about healthy eating choices. The NEs will also be responsible for assisting the CO members in creating and maintaining school gardens while working with teachers to incorporate garden activities into current classroom curriculum.
- 3) A Program Director, housed at DPI, to oversee the statewide program, member training, payroll activities, and provide technical assistance, professional development opportunities for AC members, additional grant cash and in-kind matching, and other program resources as available and necessary.

Partner Site Requirements:

In order to be considered for the AC F2S Program, sites must commit to the following responsibilities:

- Assist with the recruitment and hiring of members for your site.
- Identify a qualified onsite supervisor who will meet at least bi-weekly with each AC member
 to help track program progress and provide assistance and advice. <u>It is crucial that that
 supervisor is able to dedicate enough time and attention with their member(s) to ensure
 success of the program.</u> The supervisor will also be responsible for all required reporting and
 participation in an annual supervisor training in order to understand the AC rules and
 regulations.
- Provide host site orientation, workspace, basic office supplies, business cards, and access to phone, computer, and internet.
- Assist with the creation and/or facilitate participation in a F2S Task Force made up of local
 community members to assist with activities, planning, and develop routes of sustainability
 for your local F2S Program. Task force participants could include teachers, professors, local
 food organizations, Wisconsin Physical, Activity and Nutrition counselors, Parent Teacher
 Organizations and Associations, University of Wisconsin Extension agents, local
 government, chambers of commerce, civic organizations, interested citizens and parents,
 school boards and farmers.
- Contribute \$6,200 per full-time member and \$2,800 per half-time member in <u>non-federal</u> match funds. These funds will be used as cash match for operating costs of the program.
- Obtain evaluation forms from students, parents, teachers and staff about the program. This
 includes a pre and post student attitudinal surveys, parent surveys, and teacher/food service
 personnel surveys. Evaluations are a required part of the AC grant to measure program
 impact and success.

Sites that can provide the following additional support will receive higher levels of consideration:

- Show strong need for program services in the schools and community.
- Show strong community and/or school desire for impacting change in the goal areas.
- Show strong partnerships with schools, community, and local farmers.
- Show strong history of management skills for host site supervisor.
- Show dedication of organization and supervisor to childhood nutrition and local agricultural development.
- Outline other non-federal cash grant match amounts (staff time, office supplies, office space, member business cards, etc.). Please be specific where possible.

Applications will be evaluated based on the applicant's ability to:

- Demonstrate a community need for the AC F2S Program.
- Provide a reasonable plan to facilitate the implementation of F2S activities in their communities.
- Demonstrate the capacity to provide high quality support for AC members.
- Demonstrate the capacity to participate in AC F2S training and reporting requirements.
- Demonstrate the capacity to provide cash and in-kind match.

Application Instructions and Requirements:

In order to be considered for continuation, you must fill out and return the "Notice of Intent to Apply" by 5:00 PM, April 19, 2019. The completed "New Site Application" and any supporting materials must be submitted by 5:00 PM, May 3, 2019. Host site match funds are not required until after the program is awarded.

Timeline:

April 19, 2019 – Notice of Intent to Apply Due to DPI
May 3, 2019 – New Site Application Due to DPI
May 3 through May 17, 2019 – DPI Application Review Process
May 17, 2019 – Target Date for Grant Award Notification
May through August, 2019 – Host Site Member Recruitment and Onboarding
August 15, 2019 – Program Implementation





May 3, 2019 Statute 93.49; WI. Stat

Please use the template below to draft your answers to the application questions. When you are finished, please copy and paste your answers into the New Site Application Google Form. No paper or email applications will be accepted unless otherwise notified.

Application Authorizer Contact Information:

| First & Last Name: | Title: |
|--|--|
| Organization: | Address (Street address, city, state, zip code): |
| Phone Number: | Email: |
| Host Site Agreement: | |
| | |
| Please check below to indicate you requirements. My organization agr | r agreement to meet the following partner site ees to: |
| regulations, meet at lease bi-weekl local project, sign and verify AC ho | niring of members for our site. visor who will: consent to a background check per Serve WI y with each AC member and help accomplish the goals of the urs in OnCorps in a timely manner, participate in annual donations to the program, and attend quarterly site |
| _ Provide a host site orientation ar access to a phone, computer, busin | nd, at a minimum, a workspace with basic office supplies, ess cards, and internet for all AC site members. |
| , . | program progress measures in the service year. tch of \$6,200 per full-time member and \$2,800 per half-time |
| | udents, parents, teachers, and staff about the program. This rveys, parents surveys, and food service director surveys. |
| AmeriCorps Member Request: | |
| cycle. Requests to increase the nur possible. There is a chance that if a | nbers you would like to request for the 2019-2020 grant mber of member positions you have will be filled if at all site is requesting an increase in members, the statewide ble slots to offer. Awards or rejection of modifications will partnership. |
| | nembers you would like to host at your site: al roles (nutrition educator and community outreach |
| One half-time nutrition educate One full-time member with dua coordinator) | or and one half-time community outreach coordinator I roles (nutrition educator and community outreach |
| Other: | |

If you selected a member arrangement different than the three options above, please explain your rational.

Application Narrative Questions:

- Identify your organization and your position in the organization. Please provide a narrative outline of how you will engage members in service, develop and/or promote F2S in your community, and how you plan to meet the program progress measures outlined on page one and two of the application instructions. Describe any previous organizational involvement or commitment to F2S programming.
- 2. Provide information that demonstrates the need for an AC F2S Program in your community. Please list the specific names of the schools your host site will reach and estimate the number of students that will potentially benefit from this partnership. (If possible, please provide obesity rates, free and reduced lunch rates, and community demographics that show need for programming.)
- 3. Explain how your organization will leverage or build relationships with community members, farmers, teachers, parents, school administration, and foodservice staff to carry out and promote F2S activities in your community.
- 4. Describe how you will support the AC members serving your site. In your narrative, please describe the managerial qualifications of your site supervisor and their commitment to support the work of the AC F2S members. Include briefly in your description what other resources you will make available to your member(s) such as professional development opportunities or tangible program resources not listed.
- 5. Describe your plan to become a self-sustaining F2S Program using the time and talents of AC F2S members as well as the partnerships developed in your community. We understand that every host site's timeline to becoming self-sustaining differs, but we feel it is important to keep the goal of building sustainable F2S programs at the forefront of our planning.

Letter of Support:

Please attach at least one letter of support from a local school food service director stating their interest in working with the program. Additional letters of support or partnership are not required, but will be accepted.

When you are ready to submit your application, please use the New Site Application form.

All application questions should be directed to:

Kara Ignasiak, MS, RDN, CD, AC F2S Program Director Wisconsin Department of Public Instruction

Email: AmeriCorpsF2S@dpi.wi.gov or kara.ignasiak@dpi.wi.gov